



The Bridge Project in PA

Online Mental Health Services for Children and Youth Experiencing Homelessness

While it is understandable that children experiencing homelessness may feel anxiety, stress, anger, or depression, having time with a mental health professional can greatly improve your child's well-being.

Through The Bridge Project in PA, your child can have free, private, online access to mental health services.

- ✓ **Provided by qualified, dependable, and caring therapists.**
- ✓ **Individual and family sessions are available when applicable.**
- ✓ **There is no cost to participate. *No health insurance is necessary.***
- ✓ **Assistance accessing appointments when necessary.**
- ✓ **Support and guidance offered to help every student reach their potential.**

The Bridge Project in PA liaison in your school will walk you through every step of the process.

Note: If your child is in immediate distress and requires crisis resources, **please call or text 988** for direct links for crisis support.



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Who is Eligible

McKinney-Vento-eligible children and youth in grades K-12 in Pennsylvania are eligible to participate.

How to Access Services

- Ask The Bridge Project in PA liaison at your school to participate. The liaison will make a referral to the service provider if the student is eligible to receive services.
- After your liaison verifies eligibility, your school will help complete any necessary information to access services.
- A secure online link will be provided to access appointments. Schools will work with students to attend appointments during the school day and provide confidential spaces and a device to connect if needed.

The Bridge Project in PA is part of Pennsylvania's American Rescue Plan Homeless Children and Youth (ARP-HCY) Program and is available for a limited time.

Find The Bridge Project in PA liaison in your school to ask about participating.



Scan QR code or go to bit.ly/TBP-Directory to access homeless liaison directory.

