



# The Bridge Project in PA

## Online Mental Health Services for Children and Youth Experiencing Homelessness

While it is understandable that children experiencing homelessness may feel anxiety, stress, anger, or depression, having time with a mental health professional can greatly improve the child's well-being.

**Through The Bridge Project in PA, your child can have free, private, online access to mental health services.**

- ✓ **Provided by qualified, dependable, and caring therapists.**
- ✓ **Individual and family sessions are available when applicable.**
- ✓ **There is no cost to participate. *No health insurance is necessary.***
- ✓ **Assistance accessing appointments when necessary.**
- ✓ **Support and guidance offered to help every student reach their potential.**

**The Bridge Project in PA liaison in your school will walk you through every step of the process.**

**Note:** If your child is in immediate distress and requires crisis resources, **please call or text 988** for direct links for crisis support.

### Who is Eligible

McKinney-Vento-eligible children and youth in grades K-12 in Pennsylvania are eligible to participate.

### How to Access Services

- Ask The Bridge Project in PA liaison at your school to participate. The liaison will make a referral to the service provider if the student is eligible to receive services.
- After your liaison verifies eligibility, your school will help complete any necessary information to access services.
- A secure online link will be provided to access appointments. Schools will work with students to attend appointments during the school day and provide confidential spaces and a device to connect if needed.

The Bridge Project in PA is part of Pennsylvania's American Rescue Plan Homeless Children and Youth (ARP-HCY) Program and is available for a limited time.

**Find The Bridge Project in PA liaison in your school to ask about participating.**



**Scan QR code or go to [bit.ly/TBP-Directory](https://bit.ly/TBP-Directory) to access homeless liaison directory.**



Pennsylvania Department of Education



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